

Easy Spinach Enchiladas

Ingredients

- 1 (10 oz) package frozen chopped spinach
- 1 cup low fat ricotta cheese or cottage cheese
- 2 cups reduced fat shredded cheese
- 10 corn tortillas
- 1 can red enchilada sauce
- Fresh salsa for serving

Directions

Preheat oven to 375 degrees F.

Cook spinach according to box directions and drain excess liquid.

Combine ricotta cheese and 1 cup shredded cheese with spinach. Season with garlic powder, onion powder, or other seasonings you have on hand.

Spoon about ¼ cup of mixture onto each tortilla, roll up and place seam side down in a 9x13 baking dish.

Pour enchilada sauce over top, and sprinkle remaining cup of cheese over top.

Bake for 15-20 minutes.

Serve with salsa and a side salad.



Original recipe from allrecipes.com; modified by Megan Moore, RDN, CDE