

English Muffin Mini Pizzas

Serves 4

Ingredients

4 whole wheat English muffins, split

$\frac{3}{4}$ cup pizza sauce

1 cup shredded part-skim mozzarella cheese

Toppings of choice (pineapple tidbits, diced bell peppers, sliced black olives, spinach, diced ham, etc)

Directions

Preheat oven to 400 degrees. Arrange the English muffin halves cut side up on a baking sheet. Bake until barely golden, about 3 or 4 minutes. (This step is the key to prevent a soggy crust!)

Spoon pizza sauce over each muffin slice, top with a little shredded cheese, and add desired toppings.

Bake for 10 minutes.

